

July 2012

BRIGHT HORIZONS

A Newsletter Ministry of Urban Mission

Rev. Ashley A. Steele, Executive Director

Angie Brown, Newsletter Editor

Reflections on My First Year at Urban Mission

"Time flies when you're having fun!"

This well-worn cliché is one I find myself referring to often when asked, *"Has it been a year already?"* Yes, it has been a year – and what a wonderful year it has been!

Here's a short summary of what we've been up to: saying goodbye to Rev. Bruce Hitchcock, Director of the Urban Mission for nine years, welcoming the first female director in July of 2011, serving record numbers of clients at our monthly food distributions, embarking on a complete transformation of the Warehouse to create a Client Choice Pantry, securing new property to expand our Hutton House homeless shelter ministry, and renovating the Unity Kitchen as well as the church offices to accommodate the Mission's growing needs.

Trust in the LORD with all your heart and lean not on your own understanding; ⁶ in all your ways submit to him, and he will make your paths straight.

– Proverbs 3:5-6

Whew! This must be where the time has gone!

During this past year, I have also had the distinct privilege of speaking at many of your churches. On these occasions, I like to share what God has been doing at the Urban Mission as well as in our local communities. It brings me great joy to learn how God is at work in your churches as well. This not only serves as great motivation for us, but also creates new opportunities for our churches to partner together.

If you remember, this year's theme at the Urban Mission is "Mission: Possible." We continue to refer back to this when faced with new challenges or opportunities. I hope you will embrace this theme as well.

What task seems insurmountable to you? Where is God calling you to give of yourself? What journey have you yet to travel? These are questions we ask at the Urban Mission on a daily basis and encourage you to do the same.

In the coming months, we'll be contacting you for your input about our services. You play a valuable role in advancing God's kingdom in Steubenville and beyond and we want to hear from you!

If we haven't met yet, I invite you to stop by the Mission to say hello or to take a tour. You are also welcome to call or email me or any of our office staff.

Looking forward to another year at the Urban Mission!

God bless you,

Rev. Ashley

Rev. Ashley



"Listening With Compassion, Serving With Love"

***Commodity Supplemental Food Program (CSFP)
(Groceries for Seniors)***

Commodity Supplemental Food Program (CSFP) is a federal USDA food and nutrition program serving elderly persons in Jefferson County. Administration is a cooperative effort of the Ohio Department of Job & Family Services, Mid-Ohio Foodbank and the Urban Mission.

Seniors are eligible for CSFP groceries if they:

- Are age 60 or older
- Live in Jefferson County
- Meet the income guidelines

Household Size	Annual	Monthly	Weekly
1	\$14,521	\$1,211	\$280
2	\$19,669	\$1,640	\$379
3	\$24,817	\$2,069	\$478
4	\$29,965	\$2,498	\$577
5	\$35,113	\$2,927	\$676
For each Additional Family member Add	\$5,148	\$429	\$99

Income eligibility guidelines are established by the United States Department of Agriculture based on the current Federal Poverty Guidelines. (Effective 03/2012)

Urban Mission is a partner with this program. We have 200 slots that have to be kept filled. In order to do this, I maintain a waiting list of names of the folks who are eligible and want to participate. As current participants are removed, I can then add in new folks from the waiting list.

Participants receive a box of food (32-36 pounds) and a two-pound box of cheese once a month. CSFP is a wonderful program and helps supplement food to our seniors near the end of each month.

If you are interested in being added to the waiting list for this program, please give me a call at 740-282-2911.

~Linda L. Smith, Program Director

Free Vision Assistance Available to Ohioans

The Urban Mission is partnering with Prevent Blindness Ohio to provide free eye exams and eyeglasses to the uninsured/homeless children and adults in Ohio. This is accomplished through the Vision Care Outreach Program ("VCO"). The goal of this program is to reduce the incidence of unnecessary vision loss and impairment by providing access to a donated system of comprehensive vision care services for high-risk, medically indigent Ohioans—children, youth, families and homeless/uninsured adults.



The program is only available to Ohioans and participants must meet income and other eligibility requirements. If you are interested in signing up for this program, please contact Sara Green at 740-282-8010.

School Supplies Needed

It was just last month that children everywhere were celebrating one special day... the LAST day of School! While the children may be enjoying the summer break, many parents are already worried about providing new clothing and supplies for their children for the upcoming school year.

That's where we can come together and help our community's children. **We are in need of school supplies for children in grades K-12 for our Annual Back to School Supplies giveaway set for Friday, August 17, 2012.** Our Back to School drive aims to



provide a 'starter' set of new school supplies to students. Armed with these supplies, our students would surely be more motivated to do well in their studies.

We need your help! This is a worthwhile project that allows us to create a lasting change in our Community by investing in our children. Your support will help children gear up for the coming school year, amidst the challenges they are facing. Some of the items needed are:

- | | | |
|------------------------------|-------------------------|-------------------------|
| Crayons | Colored Pencils | Pocket Folders |
| Notebooks | Loose-leaf Paper | Pencils |
| Rulers | Erasers | Pencil Boxes |
| Scissors | Pens | Glue/Glue Sticks |
| Composition Notebooks | | |

Donations can be brought to our Main Office at 301 North 5th Street, Steubenville. You may also mail a monetary donation in the envelope provided. Please mark "Back to School" on the envelope or the check.

(Please note: School supplies must be new.)

Welcome JOSHUA Mission Teams

July 1-6, 2012

**North Canton Senior High Youth Group
North Canton, OH**

**Host Church: Mt. Carmel Community Baptist Church,
Steubenville**

July 15-20, 2012

**Champion Presbyterian Church
Champion Heights, OH**

Host Church: Bell Chapel UMC, Steubenville



Parish Nurse News: Reflection of my Forty Years of Health Care Experiences

Forty years ago I graduated from the Ohio Valley Hospital School of Nursing and started my nursing career. I have spent a lot of time reflecting on the changes in nursing and health care during the last 40 years and I would like to share those reflections.

I graduated from a diploma school of nursing, based in a hospital. We received a diploma stating that we were eligible to take the state board examination to become registered nurses. There were also two other types of programs for persons to become registered nurses—associate degree programs and bachelor’s programs (BSNs). There were many diploma programs then and less associate and BSN programs. Now the diploma programs have decreased tremendously and in some states there are no diploma programs available. The associate degree programs and BSN programs have both grown. All 3 types of programs are available in the tri-state area. There has been discussion for many years about making a BSN education the entry level for becoming a registered nurse. I can remember the controversial 1984 proposal that stated by that date the BSN would be the entry level for registered nursing. That proposal was never implemented and the controversy still exists.

Health care delivery was much different 40 years ago. Hospitals were full of patients. I started working at the Ohio Valley Hospital on Tower 3—a medical-surgical unit. Our patients were admitted for surgery, for testing and for medical conditions. Surgical patients were admitted to the hospital and typically were there for at least 3 days. Many patients spent as much as a week in the hospital after surgery. Patients were admitted to the hospital for several days of testing, which could include a barium enema, GI and GB (gallbladder) x-rays and a 5 hour glucose tolerance test. Patients with medical conditions could stay for several weeks while receiving treatments. There were no IV pumps, medication carts, or much of the technology which are all common in today’s hospitals.

In my opinion, the health care in the United States was excellent 40 years ago and it has continued to improve. As people debate our health care, let’s remember that our health care system has continued to improve based on research and technology. Our health care system may not be perfect, but I would not trade it for any other health care system in the world.

~Michalene A. King, PhD, RN, CNE

2012 Thanksgiving Challenge

I know...you saw the title of this article and thought... THANKSGIVING??? Well, yes it is time for prepping for this program. And when everyone participates in the Challenge, it makes the prep time a whole lot easier.

I am asking everyone to think back to last year as to how well you did with participating in the Challenge. Now let’s think about how to do even better in 2012!

Month	Item	# Needed
June	Chicken Noodle Soup	2400 cans
July	Cranberry Sauce	1200 cans
August	Sweet Potatoes (18-20 oz)	1200 cans
September	Vanilla Frosting	1200 cans
October	Yellow Cake Mix	1200 boxes

If you have any questions or would like to help, please give me a call at 740-282-2911.

~Linda L. Smith, Program Director

What’s Been Happening at the Mission?

The staff and a few volunteers of the Mission recently had the opportunity to tour the House of the Carpenter (HOC) Ministry in Wheeling, WV. The HOC is an outreach of the United Methodist Church providing services similar to those the Mission provides. Our gracious hosts gave us a tour of their facilities and we were able to discuss the needs of the area and possible ways to join together in ministry.

One of the goals of our Staff “field trips” to other agencies is to glean (as well as share) ideas that will help us improve our services, gauge the needs of the community and implement practices to help educate and inform our clients, staff, volunteers and ultimately our community.

At the Mission we are always looking for ways to improve our services and to be good stewards over all the donations (monetary and in-kind) that we receive. We have also started a dialogue with our clients concerning what current services are helpful and possible programs we can assist with such as job searching, budgeting/coupons, nutrition, etc.

In the near future we will be sending a brief survey to our donors to gather information on how we can best acknowledge their gifts and communicate what is happening at the Mission. We believe this all ties back in to being good stewards over the gifts entrusted into our hands.

During this time we ask that you please be patient with us as we explore other ministries and through the survey process. Our next Staff “field-trip” will be to Canton Calvary Mission and Open M in the Canton/Akron areas on Monday, July 30, 2012. The Mission offices will be closed for the day.

Hutton House Homeless Shelter Needs

- Brooms & Mops
- Light Bulbs
- Garbage Cans

Save the Date!

African American Heritage Festival

August 3, 4 & 5, 2012

North End Ball Field, Steubenville

Urban Mission Ministries, Inc.
 301 North 5th Street
 Steubenville, OH 43952

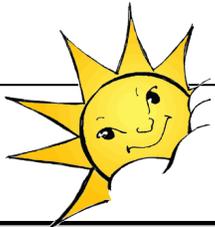
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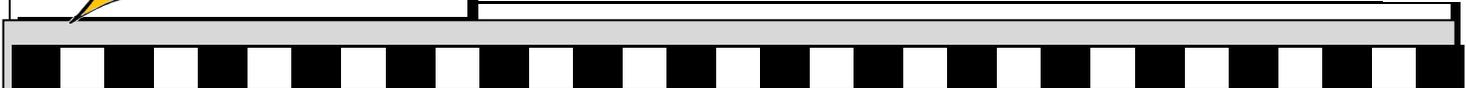
RETURN SERVICE REQUESTED

LABEL



July

What's Happening in July 2012?

						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Parish Nurse 11am	3 No Hunger Committee Mtg.	4 <i>Independence Day Offices Closed</i>	5	6	7 Mission Rejoice 6pm
8	9 Parish Nurse 11am	10	11	12 NCDC Mtg 4:00pm	13	14 Mission Rejoice 6pm
15	16 Parish Nurse 11am	17 Packing for Food Distribution 9am	18 Food Distribution 9-12; 1-3	19 Food Distribution 9-12; 1-3	20 Food Distribution 9-12; 1-3	21 Mission Rejoice 6pm
22	23 Parish Nurse 11am	24 CSFP Senior Distribution 1pm	25	26 NL Folding 9am No UM Board Mtg.	27 Mission Rejoice Picnic 12 Noon	28 Mission Rejoice 6pm
29	30 Staff Ministry Tour (Offices Closed)	31				