

*Urban Mission  
September  
2009*

# Bright Horizons



*Rev. Bruce Hitchcock, Executive Director    Angie Brown, Newsletter Editor*

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**Mark your Calendars!**

**October  
19, 20 & 21**



Coat Distribution  
and  
Christmas Program  
Registration

**See inside this  
newsletter for  
additional details.**



*This month's  
Thanksgiving  
Challenge item is  
Vanilla Frosting.*

## *An Act of the Will*

There is a decided lack of will by the government of the United States. The government lacks the will to do anything about the decades old financial crisis. Much like the health insurance industry, the government only acts when “something has to be done.” The “something” that comes up is raising taxes, or cutting services or a combination of both. The government never takes the time to develop a set of goals for the betterment of the nation. It is difficult to believe that the greatest wealth producing nation in the history of the world cannot figure out how to care for hungry children and impoverished senior citizens. To do so would mean having the will to cut outdated programs that do not work. It would mean having the will to end wasteful and useless spending. No one in government has the will to lead this kind of change. They are too worried about money and power. Some would have us believe that the government is one big institution that cannot be changed, controlled and directed. No, it is not. The people involved simply have no will to make the government work for the nation.

The same lack of will is encountered in Christendom. We want to be Christian as long as it does not cost too much of our time, money and effort. After that it is simply too much bother. Church as an institution works best when the people in the Church are in a vital relationship with the Living Lord Jesus Christ. The will to follow Jesus Christ in life and faith is essential for the Church to be anything other than a social club for people just like me. Any relationship requires listening to one another, working together on everything and enjoying one another’s company. It takes a commitment on the part of the parties involved. We see it and state it so clearly in our weddings and baptisms, yet forget those commitments at the drop of a hat. It seems that our will can be compromised by any number of things.

The Church as an institution does a better job than the government when it comes to making commitments and having the will to choose. But, I do not think we are better than the government when it comes to allowing all kinds of things and issues to compromise our will to follow Jesus in discipleship. We go to church, sit there half asleep, barely participate in the liturgy and songs, waiting for lunch. On game day we dress in our team colors, paint our faces, scream and yell, totally focus every fiber of our being on...throwing a ball, catching a ball and kicking a ball. In one place we go and become coma-like. In another we abandon ourselves in a wild display of team loyalty. I would hate to see the church turn into sports fanatics at worship. But a bit of passion and self-giving in worship wouldn’t hurt. Sports come and go, but the relationship we have with Jesus Christ is eternal. Our will, passion and hope reside in relationship with God through Jesus Christ.

Peace, Pastor Bruce

## Families to Register for Christmas

It's time again for our families to register for our Christmas Programs. All families with children 18 years old and under will be signing up for the Christmas Kid's Program (0-12) and/or the Teen Stocking Program (13-18). Parents registering for Christmas Kid's are asked to come prepared with three gift ideas for their children and their clothing sizes.

### Registration:

**October 19, 20 & 21, 2009**

**9:00 AM-12:00 PM & 1:00 PM-3:00 PM**

**Mt. Carmel Community Baptist Church**

**708 North 5th Street**

**Steubenville, OH 43952**

### All of the following information is needed to register:

- UM Food Distribution Card (Yellow Card)
- A form of identification
- Birth certificate, medical card or social security card for each child in the household.
- Written verification of address (utility bill, rent receipt, etc.)

For more information or questions about registering, please call Linda Smith at 740-282-2911.

## Bag Packers Needed

We are making plans for our annual Thanksgiving Baskets distribution. We are in need of volunteers to help pack the bags on **Tuesday, November 17, 2009 beginning at 9:00 AM**. If you would like to assist with this project, please call Linda at 740-282-2911 as soon as possible. Lunch will be provided.

## Matching Funds Campaign

We are nearing the end of our \$50,000 matching challenge. For those who are not aware of the project, a generous businessman has pledged to donate \$50,000 to Urban Mission if we raise \$50,000. Many donations have been coming in over the last few months. As of this printing, we have received a little over \$40,000. We still need help to reach our goal!

If you would like to donate toward this campaign, funds can be sent to the Mission in the enclosed envelope and marked, **'Matching Funds'**. We look forward to sharing a final report on the success of this project in the near future.

## Baby Formula Available

*Do you have a baby that needs formula?*

*"Every day I remind myself that my inner and outer life are based on the labors of other men, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving"*

~Albert Einstein



The Urban Mission is so very blessed to receive donations in all forms. One of those items is baby formula. At the time of this writing I am very fortunate to have several different types of baby formula available to those who need it. Listed below are the brands, types and amount currently on hand:

<b>Brand:</b>	<b>Type:</b>	<b># Avail.:</b>
Enfamil	Powder	Lipil with iron 4
	Powder	Next Step Lipil 2
	Powder	Next Step Lipil Prosobee 1
	Powder	Gentlease Lipil 1
	Liquid	A.R. Lipil 7
	Liquid	EnfaCare Lipil 1
	Liquid	Lipil 2
Similac	Powder	Similac Advance 2
	Powder	Similac Neosure 2
	Powder	Similac Isomil Adv. 1
	Liquid	Similac Sensitive RS 1
	Liquid	Similac Isomil Advance 2
Nestle	Liquid	Nestle Good Start Soy 5

I also have jars of assorted baby foods in states 1 and 2. Because of the small amounts that is on hand, it will be available on a "first come-first served" basis.

It is absolutely required that formula be thrown away on the first day of the month it expires. So, if you know of anyone who can use these formulas, please let them know and tell them to come in as soon as possible as time will be very important. If you have any questions about any of this information, please feel free to call me at 282-2911.

~Linda L. Smith, Program Director

Urban Mission will be closed on Monday, September 7, 2009 for the Labor Day Holiday.



Have a happy and safe holiday!

## School Supplies Giveaway a Success

Our Annual Back to School Supplies Giveaway was held on Friday, August 21, 2009. **A total of 457 bags of supplies were distributed to those in need.**

Thanks to a special donations from area friends, Backpacks were an added bonus this year. A generous donor also gave belts and many clothing items that were also distributed.



Thank you to all the churches, groups and individuals who donated funds and supplies. A special thank you also goes to the volunteers who helped pack the bags, organize the clothing and distribute the bags. We are appreciative of all of your efforts in helping our children begin the school year with supplies and clothing.

~Sharon Kirtdoll, Community Developer

## Coat Donations Needed

### Annual Coat Giveaway

**October 19, 20 & 21**

**Urban Mission Warehouse  
311 North 6th Street  
Steubenville, OH 43952**



We are collecting good used coats for our Annual Coat Giveaway. We are in need of coats of all sizes for men, women and children.



**Please bring your coats (in good condition) to the Warehouse at 311 North 6th Street by Friday, October 9, 2009.**

Please help us to make this winter a warmer one for our friends in need.

## Parish Nurse News: Shingles and the Shingles Vaccine

This week two people that I know have been diagnosed with shingles. I have been asked several questions about this disease and the vaccine to prevent this disease. Let's review shingles and the shingles vaccine.



Shingles or herpes zoster is a painful rash that is caused by the herpes zoster virus, the same virus that causes chickenpox. After a person recovers from a chickenpox infection, the virus stays dormant in the body. If the virus reactivates later in life, the person develops shingles. This herpes virus is not the same virus that causes genital herpes.

Symptoms of shingles start with a rash, that blisters and scabs after 3 to 5 days—the rash is similar in appearance to chickenpox. There may be pain, itching or tingling in the area prior to the development of the rash, which occurs on a nerve route. Other symptoms may develop which include fever, headache, and chills. Depending upon the site of the infection, complications can occur. One such type of complication is blindness due to shingles developing in the eye area. Another complication of shingles infection is severe pain after the rash has disappeared. This pain is called post-herpetic neuralgia and may require treatment in a specialized pain center.

Anyone who has recovered from chickenpox can develop shingles later in life. Although it is rare for children to develop shingles, there have been cases of children developing the disease. Shingles usually occurs in persons 50 years of age and older. People with medical conditions that affect their immune system are more prone to developing shingles.

Shingles cannot be spread from one person to another, but the virus can be spread through direct contact. *Persons who have not had chickenpox should not come into contact with the rash as they could then develop chickenpox.*

If you suspect that you have developed shingles, seek medical treatment immediately. There are medications that can lessen the symptoms. Medications taken as soon as possible after the rash appears may shorten the length and lessen the severity of the illness.

There is a vaccine to prevent shingles called Zostavax. This vaccine is made from a weakened form of the chickenpox virus and has been licensed by the FDA as safe. The vaccine has been tested in approximately 20,000 persons who are 60 years of age and older. The CDC recommends that persons 60 years and older take this one-time vaccination to prevent shingles. This vaccine will not treat shingles or post-herpetic neuralgia that may develop once the rash is gone.

You can review additional information about shingles and the shingles vaccination at the CDC website, [www.cdc.gov](http://www.cdc.gov) and/or ask your family doctor or the parish nurse.

~Michalene A. King, PhD, RN

**September 2009**

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### **Upcoming Events in September 2009**

1	God's Pantry Hunger Committee Meeting	10:00 AM
2	Program/Evaluation Committee Meeting	2:00 PM
5	No Mission Rejoice -Holiday Weekend	No Service
7	Offices Closed for Labor Day	Closed
10	Neighborhood Community Development Center (NCDC) Meeting Greater Steubenville Community Development Corporation (GSCDC) Meeting	4:00 PM 5:00 PM
12, 19 & 26	Mission Rejoice Service (Saturday's)	6:00 PM
14, 21 & 28	Parish Nurse (Monday's)	11:00 AM
15	Packing for Food Distribution	9:00 AM
16, 17 & 18	God's Pantry Food Distribution	9-12; 1-3
22	CSFP Senior Food Program	1:00 PM
24	UM Newsletter Folding	9:00 AM
24	UM Board of Directors Meeting	4:30 PM
	<i>Unity Kitchen is open Monday–Wednesday from 12-1 PM</i>	