



Urban Mission Ministries, Inc.

# BRIGHT HORIZONS



Rev. Bruce Hitchcock, Executive Director

Angie Brown, Newsletter Editor

## The Year 2006 in Review

### GROCERY DISTRIBUTIONS (started in 1975)

- 1,273 low-income families in OH & WV received help.
- 878 Families received Thanksgiving Baskets.
- 729,438 pounds of groceries distributed.

### SOUP KITCHEN (started in 1994)

- 21,734 hot meals served

### HUTTON HOUSE HOMELESS SHELTER (started in 1988)

- 130 children & adults resided in the Homeless Shelter
- Average length of stay: 93 days
- 257 "life skills" classes presented for Shelter Residents on budgeting, parenting, nutrition, conflict resolution, child safety, etc.

### JOSHUA SUMMER WORK CAMP (started in 1989)

- 14 groups (268 people) from Delaware, Illinois, Indiana, Iowa, New York and Ohio completed 71 repair projects for low-income homeowners the Mission.

### NEIGHBORHOOD COMMUNITY DEVELOPMENT CENTER (started in 1977)

- 24th Annual Coat Give-A-Way: 2,000+ coats & items
- Shoe Give-A-Way: 1,800+ pairs
- 16th Annual Minority Health Month
- Lupus Education and Support Program
- Parish Nurse Program
- Women's Health Committee
- Math Excellence Program
- Greater Steubenville Community Development Corporation

### CHILDREN'S SUMMER PROGRAMS

- 14th Annual Street Carnival (a day of free fun, food,

- games, rides and prizes for 1,200+ kids and adults)
- Daily classes on Character Building, Biblical Lessons, Self-Esteem and Music
- Field Trips for about 60 children

### OTHER PROGRAMS

- 18th Annual Hutton Scholarship Program (five \$650 scholarships awarded)
- Mission Rejoice Saturday worship and fellowship meal
- Back to School supplies given to 300+ youth
- Emergency Assistance: 875 individuals helped with groceries, baby needs, good will and etc.
- Craft room activities and projects
- Ceramics group activities and projects
- 5th year for Food for Seniors and Sight for Students

### CHRISTMAS PROGRAMS (started in 1990)

- 783 children received toys and gifts
- 249 teens received Christmas stockings

### VOLUNTEER SERVICE

- 47,310 hours of volunteer service

### IN-KIND DONATIONS (Food, coats, shoes and etc.)

- Hunger Ministries donation of items= \$151,465
- Christmas Ministries donation of items= \$78,533
- Hutton House Homeless Shelter donation of items = \$19,952
- Value of coats, shoes and Back to School supplies = \$47,469
- Total In-Kind Donations (volunteer hours, goods and professional services) for 2006 is **\$584,784.**

*-Thank you for all of your love and support!-*

## A word from the Board of Directors

*Why is serving the poor so important?*

*Because ...Whoever is kind to those in need honors God. –Proverbs 14:31*

*Because ...He who is kind to the poor lends to the Lord and He will reward him for what he has done. –Proverbs 19:17*

*Because ...Inasmuch as ye have done it unto one of the least of these..., ye have done it unto me. –Matthew 25:40*

We are pleased to announce the above Ministry Report for 2006. It shows the profound impact that your contributions to Urban Mission have made in our area. On behalf of the Board of Directors, I would like to thank those who truly are the Body of Christ here at Urban Mission . . . Pastor Bruce, the staff and all the volunteers who serve with compassion and dedication. Special thanks to you, our donors for your commitment to serving your friends and neighbors in need.

*~Jody Glaub, President*

## Volunteer Appreciation Luncheon

### "Volunteers: Priceless Treasures"

Friday, April 20, 2007

12:00 PM - 2:00 PM

Wintersville UMC  
702 Main Street  
Wintersville, OH 43953

There are many references to the word "treasure" in the Bible. My favorite is found in Matthew 6: 19-21:

*"Don't store up treasures here on earth where they can erode away or may be stolen. Store them in heaven where they will never lose their value, and are safe from thieves. If your profits are in heaven your heart will be there too."*

Let's take a closer look at the word "profit", after all, isn't that what we all want? Webster's Dictionary defines this word as...any advantage, benefit, or gain; to benefit; to advance; to improve; to be made better or wiser. This definition doesn't even define the monetary issues of "profit". And isn't that exactly what the scripture is telling us?

Now...let's talk about profit at Urban Mission. During



*Volunteers:  
Priceless Treasures*

the year of 2006, a total of 47,310 hours was provided by our volunteers. That is 6,813 more hours than the previous year! Let me ask you this...who profited from these hours of service? It wasn't just the staff. Indeed the folks we serve profited from these hours. But, hopefully and most importantly, each and every volunteer has profited from the hours they provided. The time each of you provided has helped to improve the programs of the Mission and allowed them to work better.

Each of our volunteers gave from their heart. Matthew 6 reminds us where our profits are stored. We don't even have to worry about it. God is taking care of all of that for you.

The staff of Urban Mission would like to take the time to say Thank You to each of you for the work you accomplished in 2006. So, please mark your calendars for this annual event. Each of you is a "treasure" provided to us from above. This event provides us a time to share OUR profits from this great treasure. ***Please RSVP to Greta or Linda at 740-282-2911 by April 13, 2007.***

-Linda Smith, Program Director

## Feinstein Hunger Drive

The Ohio Valley experienced a sharp increase in hunger in 2006. In 2005, Urban Mission distributed just under 600,000 lbs of groceries and a little over 19,000 hot meals. In 2006, the numbers jumped to 729,438 lbs of groceries and 21,734 hot meals. The facts do not mislead or lie. We can hear all the debate in the world about hunger in America, but we KNOW hunger in our region is on the rise! So, Urban Mission is embarking on a fundraising campaign in partnership with the Feinstein Foundation.

For the tenth straight year, Alan Shawn Feinstein, a Rhode Island Philanthropist has offered \$1,000,000 to fight hunger in America. Feinstein's past \$1 million challenges to fight hunger have raised a record \$620 million for agencies nationwide! This is the largest grassroots campaign against hunger in the U.S.

This year we are asking for your help in two ways. First, **every dollar donated to our Hunger Ministries between March 1 and April 30 will be matched** by a percentage of the one-million dollar donation from Mr. Feinstein. Secondly, **every food item donated** to the Mission in the same period **will count as \$1 toward the cash match.**

We have the potential to raise enough funds to pay for the food distribution for one year! This can be done if every

Church, Sunday School, Youth Group and UMW acts to feed the hungry. Maybe raising cash is too difficult for you. You should consider a food drive. Maybe a food drive is too difficult. Perhaps you should consider cash offerings.



One of the ironies of hunger in America is who it touches the most. The number one group most harmed by hunger is children under 18. The second largest group of people harmed is senior citizens. These are our most vulnerable citizens. These are also the facts for the Ohio Valley. The challenge is to determine what Christ would have us do. As a part of our discipleship, it is clear Biblical and Spiritual principle to help the poor and vulnerable among us. The challenge we face at the Mission is how to continue following Jesus in caring for the hungry. So we extend the challenge along to you. What can you offer in donations and food drives to care for your neighbors in the Valley?



### Fast Facts:

***In 2006, an astounding 112,625 pounds of non-perishable food items were donated to Urban Mission toward this Hunger Challenge!***

## Applications Still Available

**Robert E. Hutton Memorial Scholarship** applications are available to students of any age pursuing higher education. The deadline for all applications to be submitted is **March 30, 2007**.



**JOSHUA Home Repair** applications are available to area low-income **homeowners** for minor home repairs. Please be aware that Joshua projects are *not* completed on a first-come, first-served basis, but rather by the abilities of the groups participating and the work that needs to be done. For more information please call Sister Mary O'Connor at 740-282-8010. The deadline for applications to be received in our office is **April 16, 2007**.

If you would like an application for either of these programs, please stop by Urban Mission or give us a call at 740-282-8010 and one can be mailed to you.

## No Shoe Giveaway

There will be no shoe giveaway this year. The next one will be in May of 2008. We are asking that you please do not collect or bring in shoes, as we will have no place to store or a way to distribute them. I look forward to your help and donation of shoes next year.

~Sharon Kirdoll, Community Developer

## Parish Nurse News: National Nutrition Month

March is National Nutrition Month. Nutrition has become a huge problem in our country. Obesity is at an epidemic level. Diseases, such as Type II diabetes and hypertension, that traditionally were seen in adults are now being diagnosed in teenagers. Let's look at ways that we can eat healthier.

- Make sure that you eat enough fruits and vegetables.
- Start the day with a healthy breakfast, which includes fruit or fruit juice.
- Eat salads and other vegetables with meals or snacks.
- Don't add large amounts of high fat/calorie dressings or dips that add fat to your healthy snack.
- Switch to "lite" or low-fat dairy products.
- Use butter or margarine sparingly or switch to other products for your baked potatoes and baked goods.
- Choose leaner cuts of meat such as beef round, loin, sirloin, pork loin chops, turkey, chicken, and roasts.
- Trim fat from meat before cooking and drain grease.



## Jelly Beans Needed



This year's Easter treat bags will be given to the families at the **April 19** food distribution.

We are in need of **800 bags of jelly beans** by **Friday, April 13, 2007**. If you or your church group would like to participate in helping Urban Mission with this project, please contact Linda at 282-2911.

## Many Thanks!

In last month's newsletter, we made an appeal for Roasters for Unity Kitchen. Thanks to the generous response of friends of the Mission, we now have **seven new roasters** for use in the Unity Kitchen. Thank you again for responding to this need. You are appreciated!



## Minority Health Month

### Kick-off Event:

**Thursday, April 5, 2007**

**12:00 Noon**

Agape Apostolic Church, 535 Slack Street  
Steubenville, Ohio

**"Connect to Health"**

**Active**

**Be- Healthy  
Connected**



- Avoid fried foods because they are high in fat.
- Avoid store-bought processed snacks. They contain large amounts of fat and salt. If you must eat store-bought snacks, choose healthier ones such as pretzels.
- Cut down on the portion size of desserts or how often you eat them.
  - Substitute low-fat or fat-free baked goods, cookies, and ice cream for the regular ones, just make sure that you eat the appropriate amount.
  - At restaurants either order a half serving or eat half the food and take the other half home.
  - At fast food restaurants order lean roast beef or grilled chicken sandwiches, don't super size your meal and don't order items with cheese. You can still eat out and eat healthier.

Poor nutrition has been linked to many diseases including diabetes, heart disease, and cancer. Follow these eating tips and exercise regularly to lead a healthier life.

-Michalene A. King, RN, MEd, MSN

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LABEL



## Upcoming Events in March 2007

1	Neighborhood Community Development Center Meeting Greater Steubenville Community Development Corp. Meeting	4:00 PM 5:00 PM
3, 10, 17, 24, & 31	Mission Rejoice Service (Saturday's)	6-8 PM
5, 12, 19, & 26	Parish Nurse (Monday's)	11:00 AM
6	God's Pantry Hunger Committee Meeting	10:00 AM
7	Program/Evaluation Committee Meeting	2:00 PM
13	Packing for Food Distribution	9:00 AM
15	God's Pantry Food Distribution	9-12; 1-3
19	Lupus Support Group Meeting (Martin Luther King Center)	6:00 PM
22	Board of Director's Meeting	4:30 PM
27	CSFP Senior Food Distribution	1:00 PM
29	UM Newsletter Folding	9:00 AM
30	Deadline for Submissions of Scholarship Applications	3:00 PM
	<i>Unity Kitchen is open Monday—Wednesday</i>	12-1 PM

**The Hutton House  
Homeless Shelter is in  
need of:**

- Pots and Pans
- Bake ware
- Throw Rugs
- Stoves (in good working order)
- Refrigerators
- Washer and Dryers (in working order)
- Can Openers
- Alarm Clocks

If you would like to donate any of these items, please contact Debbie at 740-282-8903.