



All programs are open to everyone!



MINORITY HEALTH MONTH

April 2008 Calendar of Events

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| MARCH 31 | Kick Off Luncheon/Press Conference: 12 PM, Emmanuel Church of God In Christ, 128 S. 5 th Street, Steubenville. Join us for lunch. Guest Speaker, Vanessa Palmer, Nurse with Steubenville City Schools. Call 740-282-8010 for more information. Sponsored by Urban Mission (NCDC). |
| APRIL 2 | Family Health Fair: 6 PM – 8 PM, The Martin Luther King Center, 905 Market Street, Steubenville. . Sample healthy foods and visit health stations including, "Talk with the Doctor", Dr. William Johns of Trinity Medical Center. Sponsored by Women in Action Against Cancer. |
| APRIL 3 | Family Health Fair: 12 PM – 2 PM, The Martin Luther King Center, 905 Market Street, Steubenville. Visit health stations and sample healthy foods. Sponsored by Women in Action Against Cancer. |
| APRIL 9 | To Thy Own Health Be True: 6 PM – 8 PM, The Martin Luther King Center, 905 Market Street, Steubenville. An interactive Talk Show forum for youth ages 12 to 17. Come and let your voice be heard regarding youth problems of today. Guest Speaker, Ilyas Nashid. Sponsored by B.A.S.I.C. Circle. |
| APRIL 9 | Lupus Support Group Meeting: 6 PM – 8 PM, The Jefferson County 4th Street Health Center, 701 N. 4 th St., Steubenville. Foot care with Dr. John Brem, Podiatrist; Trinity School of Nursing Students will be taking blood sugars, blood pressure and BMI (body mass index). Sponsored by Urban Mission/NCDC. |
| APRIL 12 | Youth Fit For Fun Expo: 12 PM – 4 PM, The Martin Luther King Center, 905 Market Street, Steubenville. Health screenings, exercise demonstrations and health professionals will be available. Sponsored by B.A.S.I.C. Circle. |
| APRIL 12 | Women's Health Luncheon: 11:30 AM, Mt. Carmel Community Baptist Church, 708 N. 5 th St., Steubenville. Sponsored by The Ohio Valley District of Colored Women's Club. Mrs. Sandi Rue, Event Chairperson. For tickets, contact a Club Member. |
| APRIL 14 | Shall We Dance: 6 PM – 8 PM, The Martin Luther King Center, 905 Market Street, Steubenville. Ballroom and Line Dancing for Adults. Couples and singles welcomed. Roland Ford, Instructor. Sponsored by Urban Mission/NCDC. |
| APRIL 19 | Men's Health Breakfast: 9 AM -12 PM, Mt. Carmel Community Baptist Church, 708 N. 5th Street, Steubenville. Dr. Rex Crawley of Robert Morris University, Speaker. Sponsored by Urban Mission/NCDC. |
| APRIL 21 | Lupus Support Group Meeting: 6 PM – 8 PM, The Jefferson County 4th Street Health Center, 701 N. 4 th St., Steubenville. Foot care with Dr. Joe Lewis, DPM, Trinity Medical Center School of Nursing Students taking blood sugars, blood pressure and BMI (body mass index); and Duquesne School of Nursing Students conducting Bone Density screenings. Sponsored by Urban Mission/NCDC. |
| APRIL 22 | Men's Prostate Cancer Screening: 4:30 PM - 6:30 PM, The Termana Cancer Center, 3200 Johnson Road, Steubenville. Call 740-282-8010 to pre-register. Sponsored by Urban Mission/NCDC. |

Area churches will observe MHM by conducting "Health Moments" during their morning worship service. Health Committees from each church will provide information each Sunday. Health brochures will be available.

"Good Health Begins With You"

APRIL 2008

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| 27 | 28 | 29 | 30 | | | |

Mark your calendar and plan to join us!

MHM Participating Churches

- Agape Apostolic
- Emmanuel Church of God in Christ
- First Baptist –Toronto
- Greater Zion Temple Pentecostal
- Mount Carmel Community Baptist
- Mount Zion Baptist
- New Hope Chapel Fellowship
- Quinn Memorial A.M.E.
- Saint James AME – Cadiz, OH
- Second Baptist
- Shiloh Temple – Bridgeport, OH
- Simpson /Phillips Chapel Methodist
- Tower of Power