



# BRIGHT HORIZONS

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## Feeding the Upper Ohio Valley

There is a wonderful connection between food for the body, food for the soul, and how Jesus displayed the relationship of the two. If one chooses to nourish the soul through prayer, worship, and Bible Study, that one is led to feeding the hungry literally. If one chooses to feed the hungry of the world by working at the Urban Mission, or a similar ministry, that one is led to prayer, worship, and Bible Study. The two cannot be separated. Some folks like to take up an argument of the Apostle Paul, who says, "We are saved by faith alone!" Others like to take up an argument found in James that says, "Faith without works is dead!" These folks often argue about which is correct. The Bible contains both statements because both are needed for the full gospel to be proclaimed! This is not a case of either/or. It is a case of both/and. Such is the nature of Jesus' actions and teachings related to food and spiritual life.

"Man does not live by bread alone, but by every word that proceeds from the mouth of God."

"Blessed are you who hunger now, for you will be filled."

"Jesus came to proclaim good news to the poor." "I will give you living water so that you never thirst again."

"I have food you do not know about."

"True religion is taking care of the widows and orphans."

The actions and teachings of Jesus around feasts is very instructive. He ate with sinners. His disciples picked grain on the Sabbath. He allowed Judas to participate in the last supper and even washed his feet. The Gospel of John is full of metaphor that alludes to food, sacrament, and other holy meals. Luke builds some of his best stories around meals. Think of the rich man and Lazarus and the story of the Prodigal Son, (Elder Brother or Loving Father).

It is almost impossible to think that people in America are hungry. You know there is more than enough food to feed the whole world, yet we have hunger alive and well in the Upper Ohio Valley. It is hard to imagine that any church would be hungry in Spirit, yet spiritual hunger is alive and well in the Upper Ohio Valley. My proposal is that every person who is hungry for lack of food should come and get food at the Urban Mission—and then thank God through worship, prayer, and Bible study. Then every church participate in the ministry of feeding hunger so that your faith will be put into practice. Everyone then receives what they need from God. Everyone is then blessed by God. Everyone can become a blessing by God for everyone they meet. Pray. Study Scripture. Worship. Feed the hungry. You can't go wrong living like Jesus.

Love,  
Pastor Bruce

### Reminder

WV Food Sign-Ups

Monday, June 10th  
and Tuesday, June 11  
from 9-11 and 1-3 at  
Shiloh Church  
3000 Weir Ave.  
Weirton, WV

The Urban Mission is developing an endowment. You can contribute through your will, stocks, bonds, insurance policies, and other methods. Please contact your Financial Advisor to discuss how you can contribute. Thank you for your support.

## BLESSED ARE THEY THAT WAIT UPON THE LORD



**Deborah Schaffer**  
Associate Director

Blessed are they that wait upon the Lord, these were the words which ran in my ears. Since the day my former job was downsized, until the days before I began at Urban Mission, the Lord continually reassured me that everything was going to be alright; He had a plan. I wish I could interject here that I just breezed through these past six (6) months with no worry at all, but unfortunately I cannot. Through the times I lacked faith God always continued to show Himself faithful. When I wondered how I was going to pay my rent or utilities somehow God always provided. When I was not able to hold onto God through the most difficult of times it was He who held onto me.

At just the right time God led me to Urban Mission as a volunteer. What a joy I experienced working and serving with God's people. The staff, volunteers and the friends of Urban Mission have impacted me and our community with the message of Christ. Little did I know that God would open the door for me to work in the capacity of Associate Director. He certainly had a plan I never anticipated and I know He will be my strength and will guide my steps as I learn the responsibilities of my new position. I look forward to being used as a vessel to continue the powerful ministry of Urban Mission. The foundation has already been built by many dedicated people like Joan Wood, who has touched many lives. Since the day I met her, she has been a blessing and encouragement, and my prayer is that God will use her mightily in her new ministry. As for the staff and volunteers at Urban Mission my prayer is that God will use them in a greater dimension than they have ever been used before; as He reveals His glory to this community.

Truly, blessed are they who wait upon the Lord for surely they find their strength renewed. God's faithfulness and the truth of His promises always prevail. So, rest and trust, He has a plan.

### **Big Bear Blesses Urban Mission**

On April 30th, Big Bear Plus Store in Bridgeport, OH donated \$300,000 worth of merchandise due to their store closing. Kim Rhineheart, marketing manager for Big Bear, said that we care about the community and would rather take the lost of the inventory to benefit others. "We really wanted to help the community, and we have heard about all the great things that the Urban Mission does."

The goods Big Bear has donated include everything from clothing, housewares, automotive parts, and various items. At this time the inventory is still being sorted and Urban Mission plans to distribute these items throughout our outreach programs.

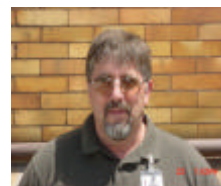
Praise God for Big Bear Corporation! According to Bruce Hitchcock, it seems to be gospel. Take a bad situation. A store closes. A community loses a part of itself. A corporation suffers losses. Instead, they choose to make the loss a blessing by giving inventory to help the low income, homeless and children of the Upper Ohio Valley. It is just like God to take something and turn it to something good. "All things work to the good for those who love the Lord!"



From left, Wintersville Big Bear Plus Store Manager Robert Arrico, Bruce Hitchcock, and Big Bear Stores Marketing Manager Kim Rhinehart take the time to pose for a picture during the unloading of the Big Bear donation.

## Welcome to JOSHUA Director

Gerald "Wayne" Barcalow joined the Urban Mission team as the new JOSHUA Director on April 29, 2002. Wayne served in the US Air force for 4 years as a Ground Navigational Aids repairman. He worked at Chrome Deposit Corp. Weirton Division for 15 years until downsizing occurred due to the steel industry crisis. Wayne says his prayers were answered because he not only received a job, but he would also be serving God better. In his daily prayers he ask to be sensitive to the needs of those that he serves. We welcome Wayne as he assists in the JOSHUA Ministry of repairing homes for the low income homeowners.



## Welcome to Jared Schmidt

Jared Schmidt, from Allison Park, PA, is our new JOSHUA Site Supervisor. He was a volunteer last year and wanted to continue his service to the JOSHUA program this year. His job will be to work with the many groups throughout the summer at the work sites and to be the "host" at our JOSHUA House.

## JOSHUA Off To A Great Start

Even though the weather is not "summer-like", JOSHUA has gotten off to a great start. With a huge donation from Big Bear, most of our groups thus far have been consumed by the large amounts of supplies loaded to the roof of our warehouse.

Several youth groups, mostly junior high kids, came for a weekend. These kids were not

worried about the mountains of boxes. They simply sorted items from jewelry to headlights. Some of the children who gave their time have received assistance in the past. This became an amazing opportunity to allow them to see how a person can give a helping hand.

Two adult groups have done some major make-overs on the Mission's bathrooms and other facilities.

This beautification process has brightened all those who see them. Some adults from these groups used their skills to fix an elderly woman's roof and steps.

If this is a sign of how this summer is going to go, than God has proven again how the spirit of his people will never fade.

Announcing a new fund raising endeavor for Urban Mission and Ministries. We are now selling very nice pieces of jewelry. They are one of a kind Home and People Pins created by Designs By Lucinda. The pins are unique and beautiful. We will be selling them whenever one of our staff speaks at a church or other community group. We will attempt recruiting a retail outlet for the pins. You have the opportunity to stop by the Mission to see the pins and purchase one if you like what you see! I am convinced you will like the product.

- Bruce

## K-KIDS Dinner A Success

This year's K-KIDS Annual Ham Loaf Dinner was quite a success. It was an absolute sell-out with not one bite left! Thanks to Winterville United Methodist Church for their hard work putting this event together and for allowing the use of their fellowship hall for the dinner. Thanks also to all the pie bakers who provided wonderful desserts to top off everyone's meals. There were over 40 pies donated.

And of course an extra special thank you goes out to everyone who came in or took out their dinners. This is the only fund-raiser for the entire Summer Program and your support is going to help provide a great summer for lots of children.

## A Safe Play Haven: The New 7th Street Hutton House Playground

Thanks to Matt Smith, our children who live in our Hutton House Shelter on South 7th Street, now have a safe and fun place to play. Matt, 16, is a student at Edison High School, a member of First Christian Church, and a scout member of troop #3 at Labelle Church for 11 years. After hearing about Urban Mission at his church, he decided to see if there was a project he could do to earn his Eagle Scout badge. After a few meetings with Urban Mission, he knew that the children in our 7th Street shelter had no safe place to play, and decided to make the playground his project. With much diligence, Matt raised the money needed to purchase materials for the playground. Matt and his team were able to build the playground during the weekend of May 4th. Their hard work and dedication has brought joy to the children. Thanks again Matt for an outstanding job!



Matt Smith and his team proudly display the new 7th Street Hutton House playground.



From Left to Right: Bruce Hitchcock, Angela Kirtdoll, Shannon Perry, Ashley Martin, Davina White, and Deborah Schaffer. Not pictured is Jeremy Lewis.

## Robert E. Memorial Scholarships Presented

On May 23, 2002 Urban Mission awarded the five annual \$650 Robert E. Hutton Memorial Scholarships. Every February, Urban Mission holds an annual fund raising dinner to benefit its Scholarship Fund to assist low-income students. The revenue generated by that event permits the awarding of five scholarships in memory of the Rev. Robert E. Hutton, a former Executive Director of the Mission. The additional scholarship was possible by Jefferson County Community Foundation. St. Mark's Lutheran Church matched donated funds up to \$800.

Decisions about the awards are made by a committee of volunteers of the Urban Mission. Receiving the five Scholarships are: Angela Kirtdoll of Mingo Junction; Jeremy Lewis of Lisbon; Ashley Martin of Steubenville; Shannon Perry of Steubenville; and Davina Ware of Wintersville.

## Calling All Volunteers

Schools are getting ready for the last days of the 2001-2002 school year and Summer Vacation is about to begin. For the students, it is a great time. For the Urban Mission, it means losing volunteers during the summer food distributions.

The area high schools are wonderful with providing us students to help everyone with the carrying of their bags of food. Without these students, many of these folks will have to carry their own bags. Many of these folks are elderly and/or disabled. Others just need help to carry the number of bags they will receive. We have also had students come in on the days the bags are packed, so that area will also be short with volunteers.

Are you looking for something to do this summer? Do you have a teen searching for somewhere to help? Do you belong to a group that is looking for a community service project? If so, please give me a call and I will be glad to explain the process for each activity and schedule a day for you to come in and help!

-Linda Poe

Program Director/Volunteer Coordinator

Packing days: June 18, July 16, August 13  
Distribution days: June 20, July 18, August 15 (OH) and  
June 27, July 25, August 22 (WV)

## June is Lyme Disease Awareness Month

June is Lyme Disease Awareness Month.. Let's take a few minutes to discuss this disease. Lyme Disease is an infectious disease caused by the bacteria, *Borrelia burgdorferi*. These bacteria are transmitted to humans by the bite of an infected deer tick. These ticks are much smaller than the common dog or cattle ticks, which are common in this part of the country. Their ticks are no bigger than the head of a pin. Ticks feed by inserting their mouths into the skin of a host and slowly take in blood. The ticks most likely transmit infection after feeding for two or more days.

Who is at risk for contracting Lyme Disease? Persons who live or work in areas surrounded by tick-infested woods or overgrown brush are at risk of getting Lyme Disease. Persons who work or play in their yard, participate in recreational activities away from home such as hiking, camping, fishing and hunting, or engage in outdoor occupations, such as landscaping, brush clearing, forestry, and wildlife and parks management in areas where these ticks live may also be at risk of getting Lyme Disease.

Prevention is the best approach to management of Lyme Disease. The following are some strategies to prevent infection by any ticks. Ticks favor a moist, shaded environment, especially with leaf litter or low-lying vegetation. Wooded, brushy, and overgrown grassy habitats are likely to be infested with ticks. If you must enter one of these areas, then personal protection is a must. Wear light-colored clothing so that ticks can be spotted and removed. Wear long-sleeved shirts and tuck pants into socks or boot tops to keep ticks from reaching the skin. Wearing high rubber boots may provide additional protection. Application of insect repellents containing DEET to clothes and exposed skin should help reduce the risk of tick attachment. DEET is safe to use on adults and children, but it must be used according to the EPA (Environmental Protection Agency) guidelines.

Check daily for ticks and remove them promptly. Embedded ticks should be removed using fine-tipped tweezers. DO NOT use petroleum jelly, a hot match, nail polish, or other products. Grasp the tick firmly as closely to the skin as possible. With a steady motion, pull the tick's body away from the skin. The tick's mouth parts may remain in the skin, but don't be alarmed. The bacteria that cause Lyme Disease are contained in the tick's midgut, so there should be no danger of infection after removal of the tick. Cleanse the area well with an antiseptic. If you don't want to try tick removal at home, go to the emergency room for safe removal of ticks.

Post-exposure treatment with antibiotics is not recommended after a tick bite. Medical attention must be sought if the person develops signs of Lyme Disease. Early symptoms include a "bull's-eye" rash, malaise, fever, fatigue, stiff neck, painful joints, and enlarged lymph nodes. Later symptoms can include central nervous symptoms such as meningitis, and various neurological symptoms. These symptoms may last for several months or become chronic. Heart problems can develop. Chronic arthritis occasionally results. Lyme Disease is treated with antibiotics. Treatment is most successful when it is started early in the disease. Penicillin, Amoxicillin, and doxycycline are the drugs of choice. Persons who are allergic to Penicillin can be treated with Erythromycin.

A vaccine has been developed for Lyme Disease, but it is currently not being administered. Check with your doctor or the health department if you would like information about the availability of this vaccine.

Lyme disease can be a chronic condition, if not diagnosed and treated promptly. The best approach to Lyme disease is prevention. Follow the guidelines for preventing tick bites. Remember prevention is the best cure.

Michalene A. King, RN, MSED, MSN

Associate Professor of Nursing, West Liberty State College

### Shoe Distribution

A heartfelt thank you goes to all who donated shoes, purses, and other items for the shoe give-away. A special thanks to the volunteers that helped in any way to make the shoe-give-away a blessed event.

-Patti West

We gave away 2,122 pairs of shoes. The shoes that were left over were boxed and sent to the City Rescue Mission and the Samaritan House.

### Children's Summer Program

This year's summer program is being planned with many exciting activities that will provide a "ton of fun" while learning about our Lord, Jesus Christ. Any children ages 6-12 are welcome to join us for these fun filled events. Registration will be held June 10-14, 2002 from 8:00 AM—4:00 PM at the Urban Mission. Jamie Barnhouse and Sarah Hibbits will be the summer coordinators. The schedule will be June 17- August 10, Monday-Friday from 11-3:00.

Rev. Bruce Hitchcock

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ADDRESS SERVICE REQUESTED

LABEL

### Upcoming Events in June 2002

1	Mission Rejoice Meal Hosts: Lincoln Ave. UMC	6:00 PM
5	NCDC Advisory Committee Jefferson Community College Room 2500	4:30 PM
5	Trinity Health Van	8-11:30 AM
6	Free Haircuts at Warehouse by Treasa (Walk-ins Welcome)	10-1
8	Mission Rejoice Meal Hosts: Mt. Pleasant Friends	6:00 PM
10-11	WV Food Registration	9-12; 1-3
11	Finance Committee	6:00 PM
14	Flag Day	
15	Mission Rejoice Meal Hosts: Bethany Memorial Church	6:00 PM
18	Packing of Grocery bags	9:00 AM
20	Ohio Food Distribution	9-12; 1-3
20	Free Haircuts at Warehouse by Treasa (Walk-ins Welcome)	10-1
22	Mission Rejoice Meal Hosts: New Sommerset UMC	6:00 PM
26	Lupus Support Group Meeting at Trinity East	6:00 PM
27	WV Food Distribution	9-12; 1-3
27	Ministries Council	5:00 PM
29	Mission Rejoice	6:00 PM
	We need other beauticians to volunteer time. Please call if you are interested.	

### The Hope Box

Our needs are:

- A double high fork lift in the warehouse
- A new computer to work as a work station and network server.
- Memory and hard drive updates
- Retire about \$75,000 debt owed on the warehouse and shelter

### A Final Thank You

**Thank you... what a blessing to be a part of a ministry and a people that care!! I was humbled and touched by the response to the Open House, the many phone calls, notes and gifts. So once again thank you for loving and supporting me over the years, as we served in ministry together through the Urban Mission. You will be in my prayers.**

**Peace,  
Joan Wood**

**Joan's new address:**

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