

Bright Horizons



Rev. Bruce Hitchcock, Executive Director

Angie Brown, Newsletter Editor

Year 2004 In Review

The year 2004 has come and gone. Urban Mission did it's best to meet the needs the year presented. Below is a list of ministry statistics. Please keep in mind that each number represents a person in need. Last year brought a significant rise in many of the areas we respond to through the various ministries. Two numbers stand out; the number of meals served through Unity Kitchen jumped to record levels and the number of children and teens needing help at Christmas hit a new high. Poverty continues to grow in the Valley. *Yet, God is faithful!* We were able to meet the needs by the grace of Jesus Christ. The staff and volunteers need to be mentioned. They worked hard and committed themselves to the task and touched the lives of 25,000-27,000 individuals. In our continuing effort to "tell the story" of where your dollars and volunteer hours go, we are pleased to report the following ministry results for year 2004:

NATIONAL AWARD

- Received national recognition from the Points of Light Foundation for excellence in community service

GROCERY DISTRIBUTIONS (started in 1975)

- 1,291 low-income families in Ohio and West Virginia received help
- 840 Families received Thanksgiving Baskets
- 553,383 pounds of groceries distributed

SOUP KITCHEN (started in 1994)

- 17,359 hot meals served

HUTTON HOUSE HOMELESS SHELTER (started in 1988)

- 97 children & adults resided in the Homeless Shelter
- Average length of stay: 93 days
- 340 "life skills" classes presented for Shelter Residents on budgeting, parenting, nutrition, conflict resolution, child safety, etc.

JOSHUA SUMMER WORK CAMP (started in 1989)

- 23 groups (459 people) from New Jersey, Illinois, Kentucky, Wisconsin, Ohio and New York completed 101 repair projects for 37 low-income home owners and UMM.

NEIGHBORHOOD COMMUNITY DEVELOPMENT CENTER (started in 1977)

- 22nd Annual Coat Give-A-Way: 2,366 winter coats and accessories

- 6th Annual Shoe Give-A-Way: 3,000+ pairs of shoes and accessories
- 14th Annual Minority Health Month
- Lupus Education and Support program (started in 1999)
- Parish Nurse Program, now in its 10th year
- Women's Health Committee, now in its 6th year
- Math Excellence Program, now in its 3rd year

CHILDREN'S SUMMER PROGRAMS

- 12th Annual Street Carnival (a day of free fun, music, food, games, rides and prizes for 1,400+ kids and adults)
- Field Trips for about 80 children

OTHER PROGRAMS

- 16th Annual Hutton Scholarship Program (four \$650 scholarships awarded)
- Mission Rejoice (Saturday worship and fellowship meal), started in 1992
- Back to School supplies given to 500+ children and youth
- Speaker's Bureau
- Emergency Assistance: 744 individuals helped with groceries, baby needs, good will and misc., began in 1973
- Craft room activities and projects, began in 1993
- Ceramics group activities and projects, began in 1993
- 3rd year for Food for Seniors
- 3rd year for Sight for Students
- TANF/Flood Relief Programs

CHRISTMAS PROGRAMS (started in 1990)

- 769 children received toys and gifts
- 215 teens received Christmas stockings

VOLUNTEER SERVICE

- 52,868 hours of volunteer service

IN-KIND DONATIONS (FOOD DRIVES, COATS, SHOES, ETC.)

- Hunger Ministries donations of items = \$52,347
- Christmas Ministries donations of items = \$38,609
- Hutton House Homeless Shelter donations of items = \$15,267
- Value of coats, shoes and Back to School supplies = \$11,010
- Total In-Kind Donations (vol. hrs., goods & professional services) for 2004 is **\$382,646**

-Thank you for all of your love and support!-

Applications Now Available!

Scholarship Applications

Robert E. Hutton Memorial Scholarship Applications are available to low-income students of any age wanting to pursue higher education. Proof of income and letters of acceptance and reference are required in order to be eligible. For more information or an application, stop by Urban Mission or call us at 740-282-8010 and an application can be mailed to you. **Deadline for applications to be returned is March 1, 2005.**



JOSHUA Applications

Joshua Applications are now available to all area low-income homeowners. Stop in and pick one up or call and one can be mailed to you. In order to be eligible, you *must* own your home and provide proof of income and ownership. Please note: Joshua projects are *not* completed on a first come, first serve basis, but rather by the abilities of the groups coming and the work that needs to be done. For more information about this program, call us at 740-282-8010.

Feinstein Hunger Challenge



In an effort to eliminate hunger in the U.S., Rhode Island Philanthropist Alan Shawn Feinstein has pledged to proportionately match donations of funds marked for **HUNGER** from **March 1 thru April 30, 2005**. Mark your calendars and pinch your pennies between now and then and help us fight hunger in the Upper Ohio Valley. Please be sure to mark "*Hunger Challenge*" in the memo if donating by check.

Parish Nurse News: Women & Heart Disease

During the month of February, you may notice many women wearing "Red Dress" Pins. The "Red Dress" campaign was started in 2004 to bring attention to heart disease in women. These pins are used to bring awareness to the danger of heart disease in women. Let's look at some facts about heart disease and women.

For many years it was believed that women did not develop heart disease. That myth has been dispelled. The facts are that heart disease is the number one killer of American women. One in three women dies of heart disease, while 1 in 30 women dies of breast cancer. Heart disease kills women, and it leads to disability and decreased quality of life. Ninety-five percent of people who die from heart disease have at least one of the risk factors for heart disease. Do you know the risk factors for heart disease? Do you have any of these risk factors?

The risk factors that have been linked to heart disease include: Smoking, Uncontrolled high blood pressure, High blood cholesterol, Overweight, Physical inactivity (sedentary lifestyle), and Uncontrolled diabetes. A person who has at least one of these risk factors is at risk for developing some type of heart disease.

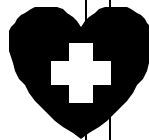
Although women have as many heart attacks as men, women do not have the same symptoms as men. Since women have different symptoms, they may not believe

that they are having a heart attack and do not seek emergency treatment. Symptoms of a heart attack include the following: Pain or discomfort in the chest, especially the center of the chest; Pain or discomfort in other areas of the upper body especially arms, back, neck, or jaw; Shortness of breath; Breaking out into a cold sweat; Nausea and vomiting; Light-headedness. Women are more likely to experience shortness of breath, nausea and vomiting, and back or jaw pain in addition to chest pain. Any woman who experiences these symptoms need to seek medical treatment immediately.

These are some basic facts about heart disease and women, but much more information is available on this subject. The National Institutes of Health and the National Heart, Lung, and Blood Institute have information available on the internet. You can also discuss your heart health with your family doctor or the parish nurse.

Remember that February is Healthy Heart Month. Become educated about the risk factors for heart disease and determine if you have any of those risk factors. Take measures to reduce your risk of heart disease. If you suspect that you have heart disease, seek medical treatment. Let's stop the number one killer of American women.

-Michalene King, RN, MSED, MSN



ANNUAL SCHOLARSHIP DINNER

February 19, 2005; 5:30 PM
Calvary Pentecostal Church
Steubenville, Ohio

On **Saturday, February 19, 2005**, the Mission will be hold the **Annual Scholarship Dinner** at Calvary Pentecostal Church, 255 North Fifth Street, Steubenville. It will be an evening full of food, fellowship and inspiration that you will not want to miss. The **dinner will begin at 5:30 PM** and conclude with a **special service at 6:30 PM**. We invite you to be a part of this important evening. You will find a reservation form below. Please fill it out and return it with a check or money order. **Tickets are \$17 per person.** **Reservation Deadline for tickets will be February 11, 2005.**

Please consider making a donation to the Hutton Memorial Scholarship Fund. The Scholarship Dinner is the vehicle through which we raise funds to provide low income persons an opportunity for further education. We will grant four \$650 scholarships. Your donations are needed as they will make a difference in the lives of needy youth. If you have any questions about purchasing tickets, or making a donation to the Scholarship Fund, call the Mission at 740-282-8010. **Again, we would like to remind you this is a FUNDRAISER for the Scholarships. Part of the dinner tickets goes to the Scholarship Fund.** (Scholarship Applications are available at Urban Mission.)

RESERVATION FORM

URBAN MISSION ANNUAL SCHOLARSHIP DINNER

Church/ Organization/ Individual _____

Contact Person _____ Phone _____

Number of Dinner Reservations _____ Amount Enclosed (\$17 each) _____

*Tickets to be picked up _____ Name of Person picking up Tickets _____

If you would like your tickets mailed, please enclose a **self addressed, stamped envelope**.

Robert E. Hutton Scholarship Fund Contribution of \$_____ enclosed.

Cancer Education Training

Let's Talk About It!

Free Prostate Cancer Education Training
Wednesday, February 16, 2005
10 AM –12 PM

Trinity Medical Center East
Medical Staff Conference Room (Ground Floor)
Conducted by the American Cancer Society

Free and open to all men.

To register, please call 740- 282-8010.

We are providing this service to enable the men in our community to share information with other men, encourage testing and awareness of the symptoms of prostate cancer. **Free prostate cancer testing will be available on April 19, 2005.** Look for further information in upcoming newsletters.

NCDC News

No Shoe Giveaway!

WHAT?!?!? That's right. There will be **no shoe giveaway** this year. **WHY?** Currently, we do not have access to the second floor space. We have rented out storage space in the warehouse. **What about next year?** We will try to secure space in the building for next year. Please do not collect or bring in shoes, as we will have no place to store them until next year.

But, what about the coat giveaway? YES!! We will have space in the fall for coats.

Those are the questions the staff has asked. I hope this answers your questions also. Thanks to all the churches and individuals for making this a viable program. I look forward to your help next year.

-Sharon Kirtdoll, Community Developer

February 2005

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RETURN SERVICE REQUESTED

LABEL

Upcoming Events in February 2005

1	Hunger Committee Meeting	10:00 AM
2	Program/Evaluation Committee Meeting NCDC Meeting	2:00 PM 4:30 PM
5	Mission Rejoice	6:00 PM
7	Parish Nurse	11:00 AM
8	Finance Committee Meeting Lupus Meeting (Urban Mission)	6:00 PM 6-8 PM
12	Mission Rejoice	6:00 PM
14	Parish Nurse	11:00 AM
15	Packing Day for OH Food Distribution	9:00 AM
17	OH Food Distribution	9-12; 1-3
19	Annual Scholarship Dinner (see inside for details) (No Mission Rejoice)	5:30 PM
21	Parish Nurse	11:00 AM
22	CSFP Senior Food Distribution	1:00 PM
24	WV Food Distribution	9-12
26	Mission Rejoice	6:00 PM
28	Parish Nurse	11:00 AM

HUTTON HOUSE NEEDS

Several of our Hutton House Apartments are in need of furnishings including those below. If you can donate any of these items, call Debra at 740-282-8903.

- *Complete single and double beds / Couch beds*
- *Can openers*
- *Coffee pots*
- *Sets of dishes, silverware, cooking utensils, pots/pans*
- *Coffee and end tables*
- *Working refrigerators and stoves*
- *Table and chairs*
- *Cleaning Supplies*